



Ek Bharat Shreshtha Bharat Programme – 2021 -22

(CBSE Art and subject Integrated Activities involving the states of Arunachal Pradesh and Meghalaya)

Grades	States involved in the activity	Activity
VI	Meghalaya	<p>1) <i>“From the Hungry Bamboo Kitchen”</i></p> <ol style="list-style-type: none">1. Pre-recorded videos of the cuisines of Meghalaya will be showcased by students.2. Name of the recipe- dumplings, momos, steam rice pumaloy, thukpa3. Learners will prepare a cuisine from the state of Meghalaya and mention its nutritive value and tabulate the calorie intake per serve. <p style="text-align: center;">OR</p> <p>2) <i>Create a fan from Shillong</i> (Scotland of the East). They can use paper, straws, Sticks, Pencils, holders and whatever items are easily available.</p>
VII	Arunachal Pradesh	<p><i>“The Clock Culture”</i> Create a clock to represent the ‘Land of the Rising Sun’</p> <ol style="list-style-type: none">1. Students will create a clock in any shape of their choice – square, triangle, rectangular or circular2. Student will further choose to add elements of their choice in place of the numbers.3. Research - Students may choose the elements (pictures of food, flora, fauna, jewellery, costume, monuments, artifacts, dance, famous places etc.) for the clock from any of the following mentioned places in Arunachal Pradesh. <ul style="list-style-type: none">• Aalo – Be in The Lap of Nature

		<ul style="list-style-type: none"> • Nuranang Falls – Witness Amazing Spectacles of Landscape • Anini – Enjoy in the midst Of Nature • Namdapha National Park – Home to The Wild • Upper Dibang Valley – Stunning Views • Talle Valley – Trekker’s Delight • Hindu Temple of Malinithan – Peaceful Spot • Mechuka Valley – Heaven for History Buffs • Bomdila – Home to Natural Wonders • Itanagar – True Local Culture • Tawang – Most Popular of All • Ziro Valley – Most Picturesque Village • Sela Pass – Right Out of a Story Book • Tezu – Jewel of Mishmi • Roing – Neighbour of Dibang River • Dirang – Tribal Harmony • Pasighat – A Beautiful Town • Eaglenest Wildlife Sanctuary – A Birder’s Place • Bhalukpong – Rich in Heritage • Sangti – A Gorgeous Valley • Changlang – On the Borders • Bum La Pass – A Special Place • Pakhui Wildlife Sanctuary – Wait for The Tigers <p>3. Students can further add a quote about Arunachal Pradesh at the base of the clock.</p> <p>4.The clock created should be battery operated</p>
VIII	Arunachal Pradesh	<p><i>1. E- brochures (in school they will make physical brochures)</i></p> <p>Suppose you are a native of Arunachal Pradesh and want to invite people to your state to enhance the tourism of your state. Make a brochure to promote tourism in your state, your brochure should have the following components</p> <ol style="list-style-type: none"> 1. Design your cover page (name of the state, illustrations) 2. Introduction of the state- 3. Itinerary- (brief description of the places one can visit in Arunachal Pradesh) 4. Create a tourism map 5. Major Attraction 6. Cost calculator

IX	Meghalaya	<p><i>1. E- Calendar: Create an E- Calendar</i></p> <ol style="list-style-type: none"> 1. Introduction – January 2. History of the state – February 3. Abundantly found natural resources and their products – March 4. Famous personalities – April 5. Economy (Graphical representation of per capita income for last 5 years) – May 6. Flora and fauna – June 7. Art & Culture – July 8. Lifestyle & Clothing– August 9. Dance and Music – September 10. Architecture & Famous Bamboo Trails – October 11. Cuisines – November 12. Culmination of the State – December
X	Arunachal Pradesh	<p><i>Arunachal Pradesh: Untouched, Unseen, Unbelievable!</i></p> <p>Interestingly, north-eastern parts of India have the variety of carnivorous/insectivorous plants. Prepare an e-magazine on the insectivorous plants/carnivorous plants found in Arunachal Pradesh. Use the resources available at home.</p> <p>Include the following in your magazine:</p> <ul style="list-style-type: none"> • Cover page with a title • Introduction • Table of content • Pictures of the insectivorous plant's species • Scientific names of the insectivorous plants • Information about the insectivorous plants <p>OR</p>

		<p>Design a Catalogue – Find out different types of sport traditional and popular from Arunachal Pradesh. Include the following in your catalogue about one sport:</p> <ul style="list-style-type: none">• name of the sport• rules & regulations• equipment's• design a portrait/ micrography of a famous player <p>OR</p> <p>Group Song Competition/ Song Creation – Students will be divided into 4 groups with the names of tribes Roll Numbers –</p> <ul style="list-style-type: none">• 1-8 - NYISHI TRIBE• 9-17- MOMBA TRIBE• 18-26 - GALO TRIBE• 27-34- MISHMI TRIBE <p>*Useful link - https://youtu.be/enOxR7Vvnu8</p> <p>OR</p> <p>Create a tribal mask- Learners will take a mask and paint any tribal art (patterns, motifs) of Arunachal Pradesh on it. Learners will give a brief presentation about the tribal culture of their choice.</p>
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Warm regards



Indu Yadav
Principal