CBSE Training Data from 01.09.2021- 30.09.2021

School Name	Teacher name	Date of Training	Topic of Training	Organiser / Resource Person	Duration of Training	Certificate Received Yes / No	Feedback on Training
Lotus Valley International School, Noida Extension	**Ms Gagandeep Kaur**	1. 6.9.21 2. 6.9.21 3. 11.5.21 4. 14.9.21 5. 22.9.21	1. Effective Communication Skills 2. Introduction to Foundational Literacy & Numeracy 3. Bloom Taxonomy and its application 4. Experiential learning in practice 5. Content and time management 6. Addressing socio-emotional needs of students	1. Dr Mosam Sinha 2. Diksha Portal 3. Ms Ajay Khosla 4. Ms 5. Ms Mukta Mishra 6. Ms Sonali Basu	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour 6. 1 Hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes 6. Yes	1. The resource person started the session by explaining that our words should easily understandable by the other person. What is the demand of the situation and person.. Your communication is affected by negative words. Communication is one of the main ingredients for corporate success, but the problem is that the phrase 'good communication skills' is a term so overused that it is difficult to pinpoint what it actually means.Good communication is about understanding instructions, acquiring new skills, making requests, asking questions and relaying information with ease.Good communication skills are perhaps the most basic skills that you can possess as an employee, yet they remain one of the most sought-after by employers. 2. The Ministry of Education has launched the National Initiative for Proficiency in Reading Comprehension and Numeracy, NIPUN to ensure that every child in the country attains compulsory basic literacy and numeracy by the end of 2027. FLN refers to the ability among children to read with meaning and solve basic math problems by the end of Class 3. These are critical gateway skills that form the foundation for children — much as the terminology suggests — on which they build their lives. The successful acquisition of FLN helps children learn more meaningfully as they progress to higher classes, and equip them with 21st Century skills like critical thinking and problem solving which are imperative to succeed in the long run. 3. Bloom's taxonomy is a set of three hierarchical models used to classify educational learning objectives into levels of complexity and specificity. The three lists cover the learning objectives in cognitive, affective and sensory domains. The cognitive domain list has been the primary focus of most traditional education and is frequently used to structure curriculum learning objectives, assessments and activities. The original sequence of cognitive skills was Knowledge, Comprehension, Application, Analysis, Synthesis, and Evaluation. 4. Experiential learning is a pedagogical approach which begins by immersing students in open-ended activities and concrete real-life situations. ... Experiential learning is, instead, intended to transform real-life situations into reliable knowledge, using a student's experience not as demonstrative but as generative. Experiential learning is an engaged learning process whereby students "learn by doing" and by reflecting on the experience. ... Opportunities for students to engage intellectually, creatively, emotionally, socially, or physically. 5. Time management is the thread running through almost all aspects of teaching — organizing the day, organizing the classroom, deciding how long and how often to teach various subjects, recording student progress, or keeping time-consuming behavior problems to a minimum. Students only have as much time in your classroom. 5 Effective time management tips for teachers are organise - Organise your day, strategically plan assignments, avoid loaded procrastination, plan for potential crisis, set aside personal time. 6. SEL helps students strengthen resiliency, improve their communication skills, and it positively impacts their overall health and well-being. ... More than two decades of research confirms that when we nurture the social-emotional needs of students, there is also a positive impact on learning. School is one of the primary places where students learn social and emotional skills. An effective SEL program should incorporate four elements: Sequenced: connected and coordinated sets of activities to foster skills development, Active: active forms of learning to help students master new skills, Focused: emphasis on developing personal and social skills, Explicit: targeting specific social and emotional skills.
Lotus Valley International School, Noida Extension	**Ms Supriya Singh**	1. 8.9.21 2. 15.9.21 3. 25.9.21 4. 27.9.21 5. 30.9.21	1. Environmental Education in Practice, Online Session 2. Pre - School Teaching Methodology, Online Session 3. Addressing Challenges in Post COVID Schooling, Online Sessions 4. Health Promoting Schools, Online Session 5. Embrcing multilingualism in Class Rooms	1. Dr. Sonali Basu 2. Ms Vibha Khosla 3. Dr Abhijeet Banerjee 4. Ms Anita Dutta 5. Mr Prashant Kumar	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes	2. Ms Khosla explained the significance of Pre School teaching by shaping the child's cognitive, socio-emotional development, teaching fun filled play-way method. Importance of activity based, hands on learning, giving freedom and enhancing physical, social, psychological and intellectual skills were described. 3. Dr. Banerjee explained ways to cope, manage and improve education during the post COVID world. Rise in blended learning, improvement in learning material should be incorporated. 4. To make every school a health promoting school we need to foster health and learning with all the measures, policies and program to integrate health deep within the school activities. 5. Mr. Kumar emphasized LSRW skills. To know language It's important to comprehend what we are listening and reading. The first task of the school should be to relate the home language to the school language
Lotus Valley International School, Noida Extension	**Ms Nidhi Gupta**	1.10/9/21 2.16/09/21 3. 17/09/21 4. 24/09/21 5. 28/09/21 6. Ongoing	1.Life skills 2.Essential components of a lesson plan 3.Focusing on competency-based education 4.Addressing Socio-Emotional Needs of Students 5.Understanding Multiple Intelligence 6.Learning and Importance of FLN	1.Sweta Aggarwal 2. Rajiv Mohan Pandey 3. Ajay Khosla 4. Sonali Basu 5. Mausam Sinha 6. CBSE	1.1hour 2.1hour 3.1hour 4.1hour 5.1hour	1.Yes 2.Yes 3.Yes 4. No 5. No	1.It was a very enriching session in which Ms Aggarwal gave insights on the life skills needed to carry on with our daily routine and life in general 2.Mr. Rajiv Mohan Pandey talks about the essential components of a le
Lotus Valley International School, Noida Extension	**Ms Gunjan**	1. 03/09/21 2. 11/09/21 3. 20/09/21 4. 24/09/21 5. 25/09/21	1.Child Psychology - Understanding Developmental Stages 2. Story Telling in Classroom 3. Effective Communication Skills 4. Addressing Socio-Emotional Needs of Students 5. Importance of Gratitude	1.Ms Aditi Basu Roy 2. Ms Mukta Misra 3. Ms Vibha Khosla 4. Ms Sonali Basu 5. Ms Jyoti Bansal	1.1hour 2.1hour 3.1hour 4.1hour 5.1hour	1.Yes 2.Yes	1.It was a very enriching session about Child psychology and its different stages. The workshop cleared many doubts regarding the same. The resource person was very knowledgeable and the training session was very beneficial in terms of understanding the child psychology. 2. It has been a great experience to attend the workshop on Story Telling and get to know the importance of it in classroom. It was an insightful session that was focussed on the basics and importance of Story Telling and its benefits.
Lotus Valley International School, Noida Extension	**Ms Soma**	1. 03/09/21 2. 10/09/21 3. 13/09/21 4. 25/09/21 5. 27/09/21	1.Decision Making Skills in adolescents 2.Values of education and its significance 3.Story telling in classroom 4.Working with learning disabilities 5.Experiential learning in Practice	1.Ms Monica Chawla 2.Mr. Charles Clarance 3. Ms. Geetika Ahuja 4.Ms. Hema Kalakoti 5.Ms Kanika Vig	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour	1. Yes 2.Yes 3. Yes 4. Yes 5. Yes	1.The resource person was quite knowledgeable and well-equipped resources used was self-explanatory. It emphasised on how and what steps are required for adolescents to make good decisions and also how we can contribute as teachers or parents to make them take the right decisions. 2. It has been a great experience to get to know about the values of education and how it helps in overall development of our children. Types of values in education system and how we can inculcate the same in children and also in us. 3. It was an amazing session and quite engaging session about how a storytelling can boost up interest in learners in a class and also we as adults are still enjoy if something can be taught in form of a story telling. It was over all a learning experience. 4. The resource person was quite knowledgeable and well-equipped resources used was self-explanatory. It gave an in-depth knowledge of the topic. 5. It was quite a fruitful session and how and what of experimental learning can be taken into practice.
Lotus Valley International School, Noida Extension	**Ms Kanupriya**	1. 6/09/21 2. 22/09/21 3. 23/09/21	1.Value education and its significance 2.Teaching strategies 3.Understanding gender and their relationship	1.Mr.Santosh 2. Ms.sunita sheshatri 3. Ms.preeta Pillai	1.1hour 2.1hour 3.1hour	1.Yes 2.Yes 3. No	1.The session was enriching and very informative and the resource person explained in details about the education significance. 2.The session was very informative and the resource person explained in detail about the different strategies that we can incorporate in our sessions. 3.The session was very informative and the resource person explained in detail the gender sensitivity topic and its effects on society.
Lotus Valley International School, Noida Extension	**Ms Swati Tyagi**	1. 10/9/21 2. 14/9/21 3. 14/9/21	1.Working with Learning Disabilities 2.Decision Making Skills in Adolescents 3.Importance of Gratitude	1.Nandita G Sharma 2.MS Veena Mishra 3.MS Rekha Pachauri	1.1hour 2.1hour 3.1hour	1. No 2. No 3. No	1. The resource person was very knowledgeable and the training session quite beneficial. It discussed the various learning disabilities in learners and the ways and mechanisms to deal with these. 2. The training session was very enriching and interesting. It laid emphasis on the various decision-making skills in adolescents and the various ways and mechanisms to deal with this age. 3. The training session laid emphasis on the importance of gratitude in life. It discussed how we should be grateful and feel a sense of gratification for the various things in life.
Lotus Valley International School, Noida Extension	**Ms Divya Tavethya**	1. 10/09/21 2. 18/09/21 3. 23/09/21 4. 18/09/21 5. 25/09/21	1. Life Skills 2. Components of Lesson Plan 3. Importance of Personal Hygiene and Nutrition 4. Setting Outcomes in Teaching Learning 5. Fostering Critical and Creative Literacy	1. Ms Shweta Aggarwal 2. Ms Neelam Awasthi 3. Ms Nisha 4. 5. Mr. Anupam Jagga	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes	1. The session was very enriching. Various strategies were discussed how to one can have positive outlook. Ten core skills were also discussed which can help us in attaining adaptive and positive behavior. 2. The session was very interesting. Various techniques and instructional strategies were explained whic we can include in our lesson plans like experiential learning, interactive mose etc. 3. Importance of personal hygeine and nutrition was discussed. One should a balanced diet and having a positive oulookk is also required. 4. The session was very engaging and interesting. Planning should be properly done if we want o acheive our set leraning outcomes. They should go hand in hand with Bloom's Taxonomy. 5. It was very enriching session. It was clearly stated that everyone has the capacity for creative behavior and difference between creativity and inteelligence was explained in a very simple ways.
Lotus Valley International School, Noida Extension	**Ms Garima Sinha**	1. 01.09.21 2. 02.09.21 3. 03.09.21 4. 05.09.21 5. 06.09.21 6. 06.09.21	1.Protection of Child Rights 2.Stress Management 3.Life Skills 4. Introduction to FLN Mission 5.Managing Change 6. Promoting Menfal Health	1.Ms Ira Vishwakarma2. Mr Rahul Chawla3.	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour 6. 1 Hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes 6. Yes	1.The session conducted by Ms Ira was an enriching one. She highlighted various articles like 21 A 45 and 24 which promotes the rights of children Right to education being the prime right.She also focussed on the thr
Lotus Valley International School, Noida Extension	**Ms Geeta Iyer**	1. 10.09.21 2. 08.09.21 3. 22.09.21 4. 23.09.21	1.Life Skills 2.Environmental Education in Practice 3.Content and Time Management 4. Importance of Personal Hygiene and Nutrition .5. FLN on Diksha	1.Ms Shalini Swarup	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1.5 hours	1. Yes 2. Yes 3. Yes 4. Yes 5.Yes	1.The session included the various life skills that are extremely important for learneers to be future ready, which not only included emotional skill and Social skills but the entire gamut of communication skills, emotional quotient, critical thinking skills etc. The entire session was pertinent for the current scenarios where the need to collaborate and communicate online. 2.The session talked about the topics which we as a school are already taking up and hence was just an add on to our learning. 3. The session was exciting as teh trainer talked about how we as adults sometimes pay more attention to peripheral tasks rather than the important things which we should take up such our health and well being. Ways to categorise work and work on them timely was explained beautifully. 4. The session laid emphasis on the importance of mental as well as mental wellbeing of the learners as well as facilitators. Timely eating and physical routine to be incorporated as a part of daily routine was reiterated.
Lotus Valley International School, Noida Extension	**Ms Aakanksha Sinha**	1. 06.09.21 2. 06.09.21 3. 07.09.21 4. 21.09.21 5. 25.09.21 6. 27.09.21	1.Pre-School Teaching 2. Introduction to FLN Mission 3.Value Education and it's Significance 4.Story-Telling 5.Importance of Gratitude 6. Experiential Learning in Practice	1. Ms Nishi Rawat 2. Diksha Portal 3. Ms Meeta Gupta 4. Ms Gunjan Tomar 5. Ms Simlla Mishra 6. Ms Kanika Vig	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour 6. 1 Hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes 6. Yes	
Lotus Valley International School, Noida Extension	**Ms Sapna Ahuja**	1. 01.09.21 2. 02.09.21 3. 03.09.21 4. 16.09.21 5. 17.09.21	1. Effective communication Skills 2. Experiential learning in practice 3. Child Phsycology - Understanding Developmental Stages 4.21st Century Skills 5.Focusing on competency based education	5. Mr Ajay Khosla	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour	1. Yes 2. Yes 3. Yes	
Lotus Valley International School, Noida Extension	**Ms Shlok Sudha**	1. 11.09.21 2. 11.09.21 3. 16.09.21 4. 20.09.21 5. 25.09.21 6. 28.09.21	1. Introduction to Foundational Literacy & Numeracy 2. Anger Free School 3.Essential Component of Lesson Plan 4.Effective Communication Skills 5.Happy Teachers create Happy Classroom 6.Joyfull Mathematics	1. Diksha Portal 2. Ms Deepa Bhatt 3. Mr Rajiv Mohan Pandey 4. Ms Vibha Khosla 5. Ms Deepa Bhatt 6. Mr Avani Kamal	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour 6. 1 Hour	1. Yes 2. Yes 3. Yes	1.The Ministry of Education has launched the program for Proficiency in Reading Comprehension and Numeracy. It focused on children to read with understanding and also able to slove basic mathematical problems grade wise. 2.The resource person Ms. Deepa Bhatt focused on how we can control as anger and emotions. She advised to have different anger free zones in the school for students, parents, teachers and other staff members. 3.The resource person Mr. Rajiv talked about different steps to making lesion plan which are important like learning objectives, starting a lesson by inquiring about previous knowledge, differentiated activities, assessments. He focused on Bloom's Taxonomy to prepare lesson plan. 4.The resource person Ms. Vibha focused about the importance of communication and forms of communication (speaking, listening, and reading, writing skills). To communicate one should have good relationship with others. She talked about effective communication and how can we overcome them. 5.The resource person Ms. Deepa stressed upon having classroom where children's emotional, social needs are addressed. The importance for a teacher to be happy in the class because they influence the children, foster responsibility, broadens imagination and offer encouragement and support.
Lotus Valley International School, Noida Extension	**Ms Trina Dewan**	1.10.09.21 2. 15.09.21 3. 16.09.21 4. 25.09.21	1. Pre - school teaching methodology 2. Pre - school teaching methodology 3. Joyful Mathematics 4. Introduction to FLN Mission	1. Dr. R.K Srivastava 2. Mr. Madan Lal Sawhney 3. Mr. Avani Kamal 4. Diksha Portal	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour	1. Yes 2. Yes 3. No (Didn't share the attendence link)	1. It talked about the teaching strategies and NEP 2020. It talked about the strategies to engage our learners. 2. It discussed the objectives of a preschool education.
Lotus Valley International School, Noida Extension	**Ms Priya Chawla**	1. 08.09.10 2. 10.09.21 3. 15.09.21	1. Blooms taxonomy and its application 2. Teaching strategies in social science 3. Pre-School teaching methodology	1. Mr M agarwal 2. Ms Anjali 3. Mr. Madan Swahney	1. 1 hour 2. 1 hour 3. 1 hour	1. Yes 2. Yes	1.The training was beneficial and was about application of higher order thinking in learners by building up lower level cognitive skills.
Lotus Valley International School, Noida Extension	**Ms Rohini Rana**	1.7.09.21 2.14.09.21 3.14.09.21 4. 17.09.21	1. Multiple Intelligences and its application 2. Decision making skills in adolescents 3.Importance of gratitude 4. Connecting and communicating with Parents, Online session	1. Ms Anupama Shrma 2. Ms Veena Mishra 3. Ms. Rekha Pachauri 4. Ms Priyanka Bhatkoti	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour	1. Yes 2. Yes 3. Yes	1. The session was quiet enriching and interesting. It focused on all different types of intelligences along with their applications . 2. The session was quiet interesting and was based on different problems of adolescence and how a teacher or a parent should address them. 3. The session was quiet informative . It delt with how gratitude should be incorparated in our classrooms. Different activities to explain the concept of gratitude was also shared like making a gratitude jar, gratitude pumpkin etc.
Lotus Valley International School, Noida Extension	**Ms Pooja Jha**	1. 06.09.21 2. 11.09.21 3. 20.09.21 4. 25.09.21 5. 28.09.21	1. Connecting and Communicating with Parents 2. Anger Free Schools 3. Setting Learning Outcomes in Teaching - Learning 4. Happy Teachers create Happy Classrooms 5. Developing Scientific Temparament	1.2. 3. 4. MS Deepa Bhatt 5.Ms Veedhi Oha	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour 5. 1 hour	1. Yes 2. No 3. No 4. No 5. Yes	1.The resource person highlighted the importance of effective communication with parents. She explained how important it is to have a positive dialogue with the parents as it will result in the growth of a child. She said that we must communicate with respect from parents irrespective of their religious and cultural backgrounds. A teacher must talk respectfully with the parents and use ordinary language rather than being professional. The goal of a teacher should be to give a good listening ears to the parents and every interaction should be to strengthen our partnership with them. 2. Presentator was very energetic and explained that Blended learning is an approach to education that combines online educational materials and opportunities for interaction online with traditional place-based classroom methods. It requires the physical presence of both teacher and student, with some elements of student control over time, place, path, or pace. Teaching in classroom is different as compare to online teaching so with this learning should be done in a fun way. 3. As rightly said by resource person that the present day generation is getting smarter day by day. Most parents and teachers find themselves at a loss when faced with bold and intelligent questions from students. With technology and social media taking our society by storm, kids of all age groups today are much more informed on various aspects of life than ever before. They are inquisitive and intelligent. Teacher should not kill the imagination of the learner and should always encourage by positive feedback. 4. The workshop greatly enhanced my understanding of mindfulness and gave me great understanding of how it can be used & taught to develop students' self-awaresns/self-management skills.This isn't "extra". It is essential to learning & achievement. It gave more deliberate ways to help students besides feeling presusred to give advice or answers.It gives me a framework for what I already do. The resounding message for me is we have this moment, only this moment, to respond or not.
Lotus Valley International School, Noida Extension	**Ms Himani Rawat**	1. 09.09.21 2. 13.09.21 3. 15.09.21 4. 16.09.21 5. 23.09.21	1. Cyber security and ethics 2. Practice blended learning 3.21st Century Skills 4.Item writing MCQ 5. Selection of effective teaching learning material	1. Dr Maninder Singh 2. Mr Raj Sangwan 3. Mr Pankaj Munjal 4. Ms Jyotsana Grover 5. Dr Sonia Mago	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour 5. 1. hour	1. Yes 2. Yes 3. Yes 4. No 5. Yes	1. In this digital world, where children are increasingly wired to social media and the internet, the concerns of cyber security, cyber bullying, cyber hygiene are pertinent. Parents too need to be well-informed of what steps they can take to keep their children safe. Resource person informed about each and every detail which is important in our everyday life. 2. Presentator was very energetic and explained that Blended learning is an approach to education that combines online educational materials and opportunities for interaction online with traditional place-based classroom methods. It requires the physical presence of both teacher and student, with some elements of student control over time, place, path, or pace. Teaching in classroom is different as compare to online teaching so with this learning should be done in a fun way. 3. As rightly said by resource person that the present day generation is getting smarter day by day. Most parents and teachers find themselves at a loss when faced with bold and intelligent questions from students. With technology and social media taking our society by storm, kids of all age groups today are much more informed on various aspects of life than ever before. They are inquisitive and intelligent. Teacher should not kill the imagination of the learner and should always encourage by positive feedback. 4. The workshop greatly enhanced my understanding of mindfulness and gave me great understanding of how it can be used & taught to develop students' self-awaresns/self-management skills.This isn't "extra". It is essential to learning & achievement. It gave more deliberate ways to help students besides feeling presusred to give advice or answers.It gives me a framework for what I already do. The resounding message for me is we have this moment, only this moment, to respond or not.
Lotus Valley International School, Noida Extension	**Ms Priya Sharma**	1 09/09/2021 2 10/09/2021 3 24/09/2021	Teaching and Learning Styles Constructivism Addressing Socio-Emotional Needs of Students	Mrs. Purnima Ravidran Dr. Kanak Sharma	1. 1 hour 2. 1hour 3. 1 hour	1. Yes 2. Yes 3. Yes	1.Student learning styles fall into three categories: Visual Learners, Auditory Learners and Kinesthetic Learners. The VARK model acknowledges that students have different approaches to how they process information, referred to as preferred learning modes. Identifying students as visual, auditory, reading/writing, kinesthetic, learners, and aligning overall curriculum with these learning styles, proves to be beneficial for entire classroom. By understanding what kind of learner our students are, we can now gain a better perspective on how to implement these learning styles into our lesson plans and study techniques. learning styles means to the understand that every student learns differently it is important for educators to understand the differences in their students' learning styles, so that they can implement best practice strategies into their daily activities, curriculum and assessments. 2.Constructivist teaching is based on the belief that learning occurs as learners are actively involved in a process of meaning and knowledge construction rather than passively receiving information. Learners are the makers of meaning and knowledge. Constructivist teaching fosters critical thinking and creates motivated and independent learners. Constructivism's central idea is that human learning is constructed, that learners build new knowledge upon the foundation of previous learning. Information may be passively received, but understanding cannot be, for it must come from making meaningful connections between prior knowledge, new knowledge, and the processes involved in learning. The constructivist theory posits that knowledge can only exist within the human mind, and that it does not have to match any real world reality 3.The social-emotional needs of students play a huge role in classroom culture.Understanding the needs of learners is important for holistic development of a child.Facilitator laid importance of student interaction time even in online classes and shared its impact on overall development of child. Attending to the emotional needs of students means eliminating serious roadblocks to educational engagement. It also means helping students develop the emotional skills necessary to be successful both inside and outside of the classroom.

Lotus Valley International School, Noida Extension	**Ms Surbhi Juneja Sikka**	1. 03.09.21 2. 06.09.21 3. 07.09.21 4. 07.09.21 5. 08.09.21	1. Experiential Learning in Practice 2. Developing Scientific Temperament 3. Pre-School Teaching Methodology 4. Values Education and its Significance 5. Deliberating on Ethics and Integrity	1. Dr Subrata Nag 2. Mrs Manju Gupta 3. Ms Kalyani Balakrishna 4. Mr Joginder Kumar 5. Mr R K Sivastava	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour 5. 1 hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes	1. The session commenced with a video about floods and various questions were put up by the resource person like what was the video all about, why did that happen, what were the effects of the flood etc. It was further related to experiential learning: how learners get concrete experience with the content of the lesson, how learner reflects on the experience and compares it with his prior experience, how he develops new ideas based on reflection and compares with his previous experiences and how he acts on the new ideas formed by experimenting in an experiential setting. Further Kolb's experiential learning theory was discussed in which concrete experience, reflexive observation, abstract conceptualization and active experimentation were explained. Dr Nag talked about four learner groups: Reflectors/Divergers, Theorists/Assimilators, Pragmatists/Convergers and Activists/Accomodators. To conclude the lesson, various modes, strategies and activities of experiential learning along with the role of the teacher in experiential learning were discussed. 2. Mrs Manju Gupta started the session by explaining what is scientific temper. After a round of discussion, she talked about the traits characterizing scientific temper: Spirit of enquiry, Courage to question, Objectivity and Honesty & Truthfulness. She talked about various fields which have myths attached to them and how those myths can be ignored by applying self-experience. Further importance of Scientific Temper and what can be done to promote and inculcate Scientific Temper were discussed. 3. Ms Balakrishna initiated the session by talking about human brain development since birth. Further she discussed that the aim of pre-school education is to provide strong foundation for all round development and life long learning as well as making them school ready. Then she explained the Maslow's Hierarchy of needs and points to be kept in mind while framing pre-school curriculum. She discussed about a person's left and right brain and explained the pedagogy and outcomes of early childhood care and education along with activities for physical and motor development as well as socio-emotional development. She also talked about various activities for creative art and expression. The session commenced with discussion of Foundational Numeracy, 21st century skills and tools and techniques for assessments. 4. Mr Kumar first explained how moral, ethics and values are inter-related and then moved on to talking about values. Values are firm beliefs and ideals held by a person which determine his/her thoughts and actions. Also, the types of values: Positive & Negative, Permanent & Transient were explained. He discussed about different movies and what values can be drawn from them. At the end he helped the teachers with what is necessary to plan each lesson like identifying the values of each lesson, developing a strategy to communicate, devising creative mechanisms, reflecting and discussing the efficacy of efforts etc. 5. The session commenced with what has to be done to break the ice and what expectations have been set for CBP. Main focus was laid on the discussion of Cognitive Dissonance, a psychological term that refers to ways we deal with the new information that runs contrary to our values. It leads to inconsistency between our thoughts, beliefs or attitudes and behaviour creates the need to resolve contradictory or conflicting beliefs, values and perceptions. Further the resource person discussed A to Z of ethics and explained how we can approach ethics and integrity through AV media.
Lotus Valley International School, Noida Extension	**Ms Bhajleen Kaur**	1.13/09/2021 2.10/09/2021 3.16/09/2021 4.13/09/2021 5.15/09/2021	1.Addressing Socio-Emotional Needs of Students 2.Working with Learning Disabilities 3.Protection of Child Rights 4.Joyful Mathematics 5.Effective communication skills	1.Captain Dr Dinisha 2.NANDITA G SARMA 3.Dr Sandeep Kumar 4.Kakali Bagchi 5.Ms Priyanka Bhatkoti	1. 1 Hour 2. 1 hour 3. 1 Hour 4. 1 Hour 5. 1 Hour	1.Yes 3.Yes 4. Yes 5.Yes	1.The social-emotional needs of students play a huge role in classroom culture.Understanding the needs of learners is important for holistic development of a child.Facilitator laid importance of student interation time even in online classes and shared its impact on overall development of child. 3.This workshop focused on a very sensitive and important topic of Protection of Child Rights.The facilitator of session laid emphasis on the need and urgency of protecting right of any child. The National Commission for Protection of Child Rights (NCPCR) emphasises on the principle of universality and inviolability of child rights.Child rights are the human rights of children. Every child, regardless of their age, race, gender, wealth or birthplace, has rights. Children must be treated fairly, equally and with dignity. 4.The facilitator of the session focussed on the fact that learning should be joyful and thus teachers have an important role to play. As a facilitator, they should motivate learners by creating joyful activities such as discovering , exploring,solving problems, constructing etc all wrapped in mathematics games, puzzles and hands on activity. These activities will help students to achieve higher order thinking skills (HOTS).Any innovation in Mathematics teaching and learning shall help in presenting the concepts in different forms, simplifying the description, visualization or application of a concept. 5.The facilitator of the workshop discussed about the importance of effective communication.She discussed about various barriers to effective communication.She also discussed about need to communicate effectively and shared few tips how the barriers can be removed.She laid stress on mantras for effective communication, which is message should be clear and consise,confidence, being a good listener.
Lotus Valley International School, Noida Extension	**Ms Neetu Nigam**	1. 8-9-21 2. 13-9-21 3. 23-9-21 4. 27-9-21	1. Salient features of National Education Policy 2. Effective Communication Skill 3. Hindi Bhasha mein likhan thatha Sahitya srijan 4. Working with learning disabilities	1. Ms. Nishi Sherawat 2. Dr. Sharbani Banerjee 3. Dr. Sonia Verma 4. Ms. Geetika Ahuja	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour	-Reform assessments and exams, and invest in teacher training -Bring a holistic change in the education system of india 2.The resource person defined the term effective communication and explained why it is necessary for the students as well as for the teachers. She explained why it is essential for the teachers as they have to communicate with the students, parents and colleagues. She also explained the	April : 2 hrs. May : 3 hrs. June : 2 hrs. July : 5 hrs.+ 5 hrs.(Story Telling)= 10 hrs. Cyber Security: 5 hrs. August : 5 hrs.+4 hrs.(FLN Training)= 9 hrs. September : 3 hrs. Total= 34 hrs.
Lotus Valley International School, Noida Extension	**Ms Ekta Swar**	1. 06.09.21 2. 09.09.21 3. 13.09.21 4. 20.09.21 5. 22.09.21	1. Connecting and communicating with parents 2. Anger free schools 3.Role of theater and drama in classroom 4. Setting learning outcomes in teaching-learning 5. Content and time management	1. Ruchika Sukhija 2. Dr Mosam Sinha 3. Sanjana Walia 4. Dinesh babu M 5. Jyoti Gupta	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour 5. 1 hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes	2. The training program was really very beneficial as it focused upon very important key factors how we can get anger free schools which is the most important thing for healthy learning. The first important point was that a person should except that anger is normal and not to make it a hype. There is only one wad to make our schools angerfree is by creating positive environment around us. 3. The training basically focused upon the ways how theater and drama plays an important role in the classroom. Including theatre and drama enhances the personality of a learner and boast his/her confidence. The learners can understand better if they practice theatre and drama. 4. The session focused mainly on outcome based learning and education system. It was encouraged that the teacher must teach in such a way so that the learners know exactly what is expected of them and the teacher must know what needs to be accomplished . It promotes the acquisitionof skills and competencies and help the learners to accept the responsibility.
Lotus Valley International School, Noida Extension	**Ms Nidhi Jasrai**	1. 02.09.21 2. 10.09.21 3. 10.09.21 4. 13.09.21 5. 15.09.21 6. 23.09.21 7. 27.09.21 8. 30.09.21	1. Experiential Learning in Practice 2. Working with Learning Disabilities 3.Stress Management Techniques. 4.Practicing Blended Learning 5. 21st Century Skills 6. Promoting Mental Health 7.Managing Change 8. Connecting and Communicating with Parents	1. Ira Vishwakarma 2. Nandita G Sharma 3. Sagorika Banerjee 4. Raj Sangwaan 5. Parikaj Munjal 6. Dr Geetanjali kumar 7. Tarang Gaur 8. Ms Reema Dewan	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour 5. 1 hour 6. 1 hour 7. 1 hour 8. 1 hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes 6. Yes 7. Yes 8. No	1. The session emphasised on how experiential learning is the need for the students and how they get concrete experience through good content of the lesson. The resource person also explain how the experiential learning leads to a strong foundation and deep concept clarity. Further Kolb's experiential learning theory was discussed in which effexive observation, abstract conceptualization and active experimentation were explained. 2. The resource person talked about the need of protecting rights of the children. According to the resource person, The National Commission for Protection of Child Rights (NCPCR) emphasises on the human rights of children as all children should be treated equally without any discrimination on the basis of caste, colour, gender etc. 3. The workshop laid emphasis on how few situations create and lead to stress and strain in life. The resource person explain various effective techniques how to help the teachers to learn to cope with the stress which they face in classrooms or at personal fronts. 4. The workshop taught how blended learning is imprtant and works effectively by combining digital learning tools with more traditional classroom face to face teaching. The reource person also talked about a flipped classroom programme and how students can be would be encouraged to access digital learning materials. 5. The resource person talked about how 21 st century skills are important in teh field of education The resource person also talked about relevance of Critical thinking, problem solving, reasoning, analysis, interpretation, synthesizing information.Research skills and practices, interrogative questioning. 6. The resource person focused on enhancing one's own health, safety, wellbeing and physical activity participation in varied and changing contexts. The resource person also suggested that curriculum should focus on supporting students to develop the understanding and skills. 7. The workshop was about how to deal effectively with setbacks.The resource person also laid stress on the strategies of managing changes in the School. It also raised the awareness of critical success factors of organisational change as well as individual change that people go through. 8. The session was very informative. The resource person talked about the different activities to be incorporated in the class and how to convey the same to the parents to close the gap. The resource person also told that communication with parents helps to gain an understanding of the kids curriculum so they may connect to it at home.
Lotus Valley International School, Noida Extension	**Ms Priti**	Dates Missing ???	1. 7-9-21 2. 8-9-21 3. 10-9-21 4. 22- 9-21	1. Importance of Gratitude 2. Teaching and Learning Style 3. Gamnification in Learning 4. Working with Learning Disability		1. 1 Hour 2. 1 Hour 3.1 Hour 4. 1 Hour	1. Yes 2. Yes 3. Yes 4. Yes
Lotus Valley International School, Noida Extension	**Ms Sneh Priya**	1. 06.09.21 2. 11.09.21 3. 20.09.21 4. 25.09.21 5. 28.09.21	1.Anger Free schools 2.Practicing blended learning 3.Story Telling in classrooms 4.Happy Teachers Happy Classroom	1. Ruchika Sukhija 2. Dr Mosam Sinha 3. Sanjana Walia 4. Ms Deepa Bhatt	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour	1. No 2. Yes 3. No 4. No	1. In this digital world, where children are increasingly wired to social media and the internet, the concerns of cyber security, cyber bullying, cyber hygiene are pertinent. Parents too need to be well-informed of what steps they can take to keep their children safe. Resource person informed about each and every detail which is important in our everyday life. 2. Presentator was very energetic and explained that Blended learning is an approach to education that combines online educational materials and opportunities for interaction online with traditional place-based classroom methods. It requires the physical presence of both teacher and student, with some elements of student control over time, place, path, or pace. Teaching in classroom is different as compare to online teaching so with this learning should be done in a fun way. 3. As rightly said by resource person that the present day generation is getting smarter day by day. Most parents and teachers find themselves at a loss when faced with bold and intelligent questions from students. With technology and social media taking our society by storm, kids of all age groups today are much more informed on various aspects of life than ever before. They are inquisitive and intelligent. Teacher should not kill the imgination of the learner and should always encourage by positive feedback. 5. The workshop greatly expanded my understanding of mindfulness and gave me great understanding of how it can be used & taught to develop students' self-awareness/ self-management skills.This isn't 'extra'. It is essential to learning & achievement. It gave more deliberate ways to help students besides feeling presured to give advice or answers.It gives me a framework for what I already do. The resounding message for me is we have this moment, only this moment, to respond or not.
Lotus Valley International School, Noida Extension	**Ms Karishma Srivastava**	01.09.21 07.09.21 13.09.21 14.09.21 17.09.21	1. Introduction to FLN 2.Understanding Multiple Intelligence 3.Joyful Mathematics 4. Importance of Gratitude 5.Teaching and Learning Styles	1.Diksha 2.Anupama Sharma 3.Kakali Bagchi 4.Rekha Pachauri 5.Ms Smita Mishra	1. 1 Hour 2. 1 Hour 3. 1 Hour 4. 1 Hour 5. 1 Hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes	1.The session on Foundational Literacy and Numeracy was very informative one as it helped us understand how important FLN is for learners aged 3-9 and how we as faillitator can apply this both while teaching , taking diagnostics and other assessments. It highlighted the need to focus on activity child centerd learning rather than rote learning . 2. Ms Anupam highlighted the 8 types of intelligence and how we can mould our lesson plan in such a way that we can cater to many intelligences at the same time and make teaching learning process smooth for all . 3. Ms Bagchi emphasied on the role of mathematic teacher to motivate students by joyful activities such as discovering, exploring, designing, constructing, problem solving that are wrapped in mathematical games, puzzles, live worksheets and hands on experience. Thus making the learning fun, engaging and productive. 4.The resource person through a story explained the importance of gratitude and why it is necessary for both the teacher and the learners to express gratitude for every little thing they have around them. 5. As per NEP 2020 it was clearly stated to design lessons keeping in mind the inclusive classroom and various learnning styles. The resource person also emphasized to include activity based learning catering to different learning styles and where there is active enagagement of the learners.
Lotus Valley International School, Noida Extension	**Ms Ishi Jain**	8.09.21	1.Blooms Taxonomy and it's application 2.Joyful Mathematics	Ms.Akshita Bahuguna	1.1 hour	1.yes 2.Yes	1.We have been inclucating Bloom's Taxonomy in our day to day teaching learning process. It was very fruitful to brush up on the hierarchial classification of bloom's Taxonomy and it's impact on child's development. It was a helpful session. 2. The training enabled teachers to help students appreciate the beauty of the subject by connecting with Math in daily activities, developing assessments for joyful learning, using technology to enhance learning, making use of innovative teaching strategies and linking Math with other fields like sports, dance, art etc.
Lotus Valley International School, Noida Extension	**Ms Megha Bhardwaj**	1) 07.09.2021 2) 10.09.2021	1) Essential Components of a Lesson Plan 2) Environmental Education in Practice		1) 1 Hour 2) 1 Hour		
Lotus Valley International School, Noida Extension	**Ms Pooja Chaudhary**	1. 15.9.2021 2.23.9.2021 3.27.9.2021 4.28.9.2021	1.Bloom Taxonomy and Its Applications 2. Importance of Gratitude 3.Story Telling In the Classroom 4.Hindi Basha Me Lekhan thatha Sahitya Srijan	1.Gunjan Tomar 2.Gunjan Tomar 3.Nishi Phogat 4.Madhan Singh	1. 1 Hour 2.1 Hour 3.1 Hour 4.1 Hour	1.Yes 2.Yes 3.Yes 4.Yes	1.The most important use of Bloom's Taxonomy is that is a good heuristic for teachers to understand the varying levels of cognitive, psychomotor, and affective demand that teachers have as outcomes for students. It a
Lotus Valley International School, Noida Extension	**Ms Vini Srivastava**	1. 09/09/2021 2. 11/09/2021 3. 30/09/2021	1.21st Century Skills 2.Salient Features of National Education Policy 2020 3.Connecting and Communicating with Parents	1. 2. Dr. Abhijeet Banerjee 3.	1. 1 Hour 2.1 Hour 3.1 Hour	1.Yes 2.Yes 3.	1. While the specific skills deemed to be "21st century skills" may be defined, categorized, and determined differently from person to person, place to place, or school to school, the term does reflect a general—if somewhat loose and shifting—consensus. The following list provides a brief illustrative overview of the knowledge, skills, work habits, and character traits commonly associated with 21st century skills like Critical thinking, problem solving, reasoning, analysis, interpretation, synthesizing information.Research skills and practices, interrogative questioning.Creativity, artistry, curiosity, imagination, innovation, personal expression. 2. NEP 2020 is is the first education policy of the 21st century and replaces the thirty-four year old National Policy on Education (NPE), 1986. Built on the foundational pillars of Access, Equity, Quality, Affordability and Accountability, NEP 2020 include Ensuring Universal Access at all levels of school education. Early Childhood Care & Education with new Curricular and Pedagogical Structure. Attaining Foundational Literacy and Numeracy. Reforms in school curricula and pedagogy. Multilingualism and the power of language etc. 3.
Lotus Valley International School, Noida Extension	**Ms Deepali**	1.16.09.2021 2. 17.09.2021 3. 07.09.2021	1. Adopting inclusive practices in classroom 2. Focusing on Competency Based Education 3. Introduction to Foundational Literacy and Numeracy	1. COE Delhi west/ Mrs. Subha Chandrasekhar 2. COE Delhi West/ Ms Monica Sachdeva 3. Diksha Portal	1. 1 hour 2. 1 hour 3. 1 hour	1. Yes 2. Yes 3. Yes	1. The facilitator talked about attitudes and how we can change them. She provided a checklist for ascertaining inclusive quotient of a school. She explained role of a teacher in an inclusive classroom, curriculum planning, teaching methodogy. She also discussed universal design for learning. 2. The facilitaor explained key steps to achieve CBL in detail. She also talked about learning indicators and use of action words in learning outcomes. She also explained how learning outcomes should be measurable if we want to keep them managed. 3. The course talks about what is FLN, why it important. It also talks about what are the objectives in Literacy and Numeracy for child upto Grade 3. It explains effetive pedagogical to achieve it and what is the role of teacher in FLN.
Lotus Valley International School, Noida Extension	**Ms Richa Vats**	1. 02.09.2021 2. 03.09.2021 3. 09.09.2021 4. 17.09.2021 5. 21.09.2021	1. Salient features of New Education Policy 2. Child Psychology-Understanding Developmental Stages 3. Anger Free Schools 4. Focusing on Competency based education 5. Item Writing- Multiple Choice questions	1. COE Noida/ Mr Rajiv Mohan Pandey 2. COE Noida/Ms. Aditi Basu Roy 3. COE Noida/ Dr Mosam Sinha 4. COE Noida/Mr. Ajay Khosla 5. COE Noida/Ms Vibha Khosla	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour 5. 1 hour	1. Yes 2. Yes 3. Yes 4. Yes 5. Yes	1. The resource person discussed about few points of the new education policy-The different stages in the education and how to plan the pedagogy. He emphasised on promoting creative and critical thinking. 2. The resource person discussed about how the facilitator and parents must be friendly to the children so that they can interact freely and she also discussed about how the facilitator can cater to the various requirements of learners at different stages of development. 3. The resource person informed that the facilitators should keep themselves calm and patient while intercating with the learners and why is important. 4. The resource person explained that now its time to leave the rote learning methodology and hgow the facilitator should focus on developing the various competency skills of learners. 5. The resource person explained the methods of writing the MCQ and how the questions can be kept simple yet confusing for the learners, one question can be used to assess various topics.
Lotus Valley International School, Noida Extension	**Ms Sulochna Kumari**	1. 16.09.2021 2. 20.09.2021 3. 25.09.2021 4. 03.09.2021	1. Decision Making skills in Adolescents 2. Effective Communication Skills 3. Happy Teacher Creates Happy Classroom 4. Child Psychology- Understanding Development Stages	1. Ms Guneet Ohri 2. Ms Vibha Khosla 3. Ms Deepa 4. Ms Aditi Basu	1. 1 hour 2. 1 hour 3. 1 hour 4. 1 hour	1. Yes 2. Yes 3. Yes 4. Yes	1. Ms Guneet explained very well that decision making skills should start early with giving young children small choices between two options. However, as children turn into teens they will need to learn to make more decisions as they develop independence. …Teach them how to work through the steps in decision making and let them make decisions. 2. The session was very fruitful about effective communication skills. She explained each and every component of communication skills. 3. The session was wonderful. She ask teachers to invest some time to get to know your students. Make an effort to know each and every one of your students. 4. The session was wonderful. Ms Aditi explained development stages of child psychology.
Lotus Valley International School, Noida Extension	**Ms Soma Bhattacharya**	1. 17.09.2021 2. 20.09.2021 3. 28.09.2021	1.Focusing on Competency based education 2. Effective Communication Skills 3. Understanding Multiple Intelligence	1. COE Noida/Mr Ajay Khosla 2. Ms. Vibha Khosla 3. Dr. Mosam Sinha	1. 1 hour 2. 1 hour 3. 1 hour	1. Yes 2. Yes 3. Yes	1. Mr. Khosla discussed about the traditional & competency based learning systems. He also explained different types of competencies and elements of the competency education definition. 2. Ms. Khosla described the importance, types of communication. She also explained the barriers of effective communication and practices for establishing it. 3. Dr. Sinha explained all the 8 multiple intelligences with their strengths, characteristics and potential career choices.